

Correlation between Aging and Orphan GPCR mRNA Transcription

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Aging is a biological process that induces many changes within an organism, including changes in protein expression. G-Protein Coupled Receptors, one of the largest family of human proteins that regulate a vast majority of physiological processes, may also be affected by aging, which could, in turn, be causative of various physiological changes. To investigate this potential correlation between aging and changes in orphan GPCR mRNA transcription, this paper focuses on the impact of aging on certain orphan GPCRs. To this end, publicly accessible transcriptomic data on the Genotype-Tissue Expression Project (GTEx) database was used to study the correlational relationship between aging and transcript abundance. Overall, the analysis did not indicate a general decrease or increase in protein expression based on age, but rather any changes in mRNA transcription based on age seemed to be tissue-dependent. GPCR expression is governed by a variety of biological factors, and this study numerically suggests that some variation in GPCR transcript expression can be attributed to aging. While this is a quantitative study correlating aging with general changes in gene transcription, future research will shed further light on this complex relationship.

Introduction

As the population ages, more people are impacted by age-related disorders such as neurodegeneration, cancer, and genetic frailty. Despite the years of prior research conducted on GPCRs and aging, there are some gaps in information within this topic. There are studies linking GPCR expression changes in specific tissues to lifespan changes. These will be discussed extensively in the literature review section of this paper. While general GPCR aging is a known area and has many published studies on it, many orphan GPCRs and cross-tissue age transcription changes of orphan GPCRs are not as covered. In order to better understand whether aging contributes to changes in orphan GPCR gene transcription, this study analyzes transcriptomic expression data from the Genotype-Tissue Expression (GTEx) database across multiple human tissues, allowing for evaluation of age-associated trends in receptor mRNA transcription. This can also potentially be linked to age-associated trends in GPCR expression, as mRNA transcription is one of the major steps of gene expression, but this study focuses on transcript expression, as the GTEx data points are measured in TPM (transcripts per million). Specifically, this study aims to determine whether aging is associated with consistent changes in orphan GPCR transcript expression across tissues or whether these expression patterns are tissue-dependent. If they are tissue-dependent, this study aims to analyze trends within tissues and within orphan GPCRs. By quantitatively evaluating age-associated correlations in orphan GPCR mRNA transcription, this work seeks to identify broader expression trends and highlight re-

ceptors or tissue contexts that may warrant further biological investigation. This work will also provide numerical values for changes in orphan GPCR mRNA transcription as age increases, including percent changes in transcription, as well as which tissues survived FDR correction, which will be further covered in the methods of the study. One limitation that will also be discussed is the fact that this study uses publicly accessible data from the GTEx project, so age is shown in ranges of ten years rather than one year (ex. A 43 year-old subject is identified as 40-49, and is entered in the code script as the midpoint of the age range, 45).

Literature Review

G-Protein Coupled Receptors, or GPCRs, are the largest family of human membrane proteins, encoded by roughly 1000 genes in the human genome¹. GPCRs are primarily characterized by seven transmembrane alpha-helices¹. As shown in Figure 1, these alpha helices sense extracellular signals and then trigger an intracellular response through a signal transduction pathway by coupling G Proteins¹. GPCRs convert extracellular cues into changes in their corresponding second messengers (such as cAMP), ion channel activity, kinase cascades, and gene expression². These extracellular cues include light, odorants, neurotransmitters, hormones, lipids, and peptides¹. GPCRs are a common drug target and play a fundamental role in human physiology³. They participate in the control of almost all bodily functions, including neurotransmission, hormone release, heart contractility, and immune responses³.

Despite their prevalence as the largest receptor family, a

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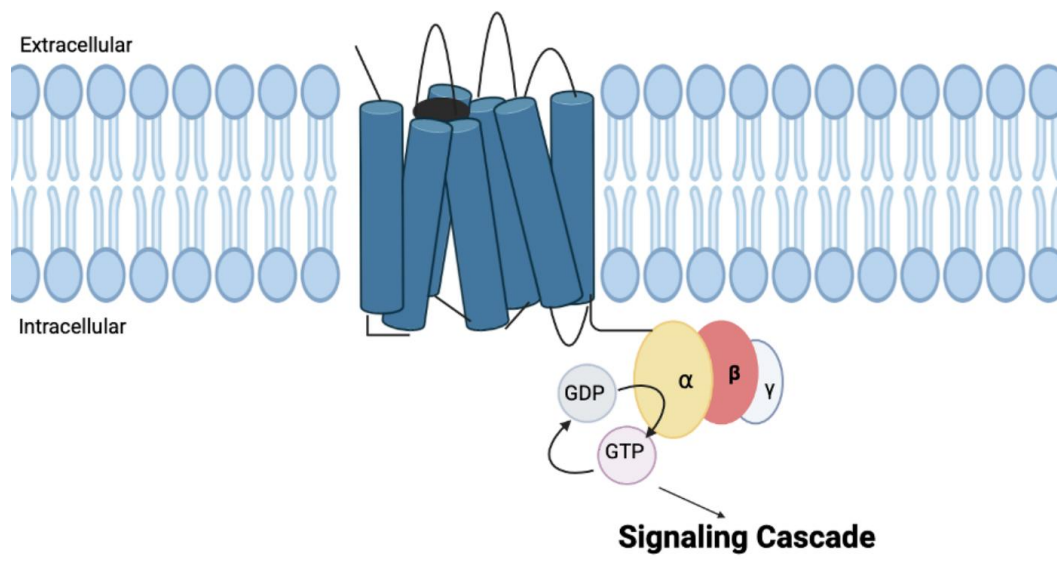


Figure. 1 The G-Protein Coupled Receptor and its signaling process.

significant number of GPCRs remain orphans⁴. This means that they lack identified endogenous ligands, or activators⁴. Deorphanization is the process of validating one or more endogenous ligands that activate a specific GPCR⁴. Functionally, orphan GPCRs are the same as deorphanized GPCRs, but their physiological roles and signaling partners are often poorly characterized⁴. At least some orphan GPCRs, such as GPR19, have been linked to aging-related pathways⁵.

To better characterize GPCRs, this paper is investigating whether orphan GPCRs and their expression levels are linked to the biological process of aging. While aging is the overall loss of physiological integrity, biological aging is specifically the progressive decline in cellular function over time⁶. This decline is driven by accumulated molecular damage and dysregulated maintenance processes⁶. Figure 2 outlines the nine common denominators, or hallmarks, of cellular aging: genomic instability, telomeric attrition, epigenetic alterations, loss of proteostasis, deregulated nutrient-sensing, mitochondrial dysfunction, cellular senescence, stem cell exhaustion, and altered intercellular communication⁶. López-Otín et al. also frames aging as the convergence of multiple biological faults that interact with each other, rather than a single cause⁶.

Large-scale proteomic studies show that many proteins change abundance with chronological age, oftentimes in a tissue-specific manner⁷. Changes in protein levels reflect altered synthesis, degradation, post-translational modification, cellular composition shifts, and inflammation with age⁸. Most protein changes seen with aging occurred in waves, with peaks around 34, 60, and 78 years old⁹. Some of the proteins found

in these age peaks had previously been associated with age-related disorders, including GDF15, SOST, ARFIP2, MMP12, and CHRDL1⁹. These fluctuations in protein quality and amount can be attributed to the cellular hallmarks of aging as mentioned previously - factors like errors in protein synthesis, degradation, and removal all play roles in molecular aging⁹.

There are many mechanisms that cause age-related protein changes. The first mechanism is a loss of proteostasis, which

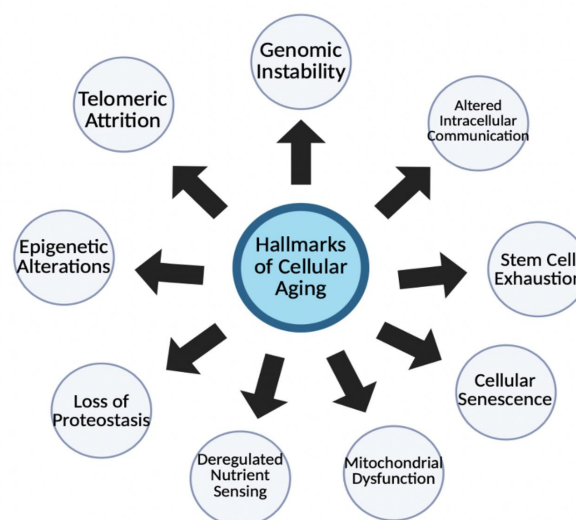


Figure. 2 The primary hallmarks of aging on a cellular level in the human body.

refers to a cell's declining ability to maintain a stable, functioning proteome^{6,10}. Multiple interrelated molecular mechanisms drive this decline. Firstly, errors in protein synthesis accumulate with increasing age¹⁰. The translational machinery such as ribosomes, tRNAs, and others become less accurate, leading to an increased frequency of mistranslated or misfolded proteins¹¹. These faulty proteins will interfere with cellular functions if not removed¹⁰. Secondly, the quality-control systems in a cell that refold or degrade abnormal proteins lose their efficiency over time¹⁰. This further causes damaged proteins to accumulate¹⁰. Thirdly, alterations in post-translational modifications, such as phosphorylation, acetylation, and glycosylation, affect protein stability¹². These modification patterns shift with age, as enzymes express differently and cofactor availability changes¹².

Orphan GPCRs are increasingly implicated in aging-relevant biology, yet direct, multi-tissue evidence that many orphan GPCR genes change expression with age is limited. The GPCR superfamily is the most intensely studied drug target family, yet a very small minority is explored therapeutically⁵. Furthermore, about 140 GPCRs are currently orphans, highlighting the vast number of underappreciated molecular targets⁵. Since these undiscovered drug targets have such a high potential, further research to understand the molecular functions of these receptors is necessary. A 2024 *Frontiers* review summarized orphan GPCR classification, de-orphanization criteria, and functional/therapeutic interest⁴. It provides a useful background in arguing why orphan GPCRs are promising aging candidates⁴. Additionally, another review by *Frontiers* in 2024 studied Class A orphan GPCRs (rhodopsin-like receptors) and their links to neuronal survival and signaling pathways implicated in neurodegeneration¹³. This related the GPCRs to brain biology in the context of aging, as changes in neuron-related signaling directly impacts brain function¹³.

Studies in the past have covered parts of cross-tissue aging and its effects on gene transcription and protein expression, and some have also used the GTEx database. For example, a study published in 2015 by Yang et al. used GTEx transcriptomic data across nine human tissues to investigate whether aging produces coordinated gene expression changes throughout the body¹⁴. The authors identified a set of age-associated genes that changed in a synchronized manner across multiple tissues, suggesting that some molecular features of aging are shared systemically rather than occurring independently in each organ¹⁴. At the same time, they observed substantial tissue-specific variation, indicating that aging affects tissues differently depending on biological context¹⁴. This is the closest conceptual precedent to this work, as it uses GTEx for cross-tissue age-correlational transcriptomic analysis¹⁴. Also, in 2022, Yamamoto et al. published a study quantifying how much aging versus genetics contributes to gene ex-

pression variation across 27 human tissues using GTEx data from 948 individuals¹⁵. The authors found that the effect of aging on gene expression was strongly tissue-dependent, with some tissues showing much larger age-related transcriptomic changes than others¹⁵. Overall, the study emphasized that aging does not affect all tissues uniformly and instead acts through tissue-specific molecular remodeling¹⁵. Furthermore, in 2020, Zeng et al. published a study using GTEx data to distinguish between healthy aging (aging without major disease burden) and common aging (aging in the broader population, including disease influences)¹⁶. The study concluded that not all age-associated gene expression changes are inherently harmful and that disease burden substantially shapes aging-associated molecular profiles¹⁶. Additionally, in 2018, Jia et al. published a work that systematically identified age-associated genes from GTEx transcriptomic datasets by correlating gene expression with chronological age¹⁷. The authors identified 1,573 age-related genes, dividing them into genes that increased expression with age and genes that decreased expression with age¹⁷. This methodologically precedes this work, as it validates the broader idea that correlating GTEx expression data with age is a meaningful approach. Finally, in 2019, Chatsirisupachai et al. analyzed transcriptomic patterns across multiple GTEx tissues to investigate how aging-related gene expression overlaps with pathways involved in cancer and cellular senescence¹⁸. The authors found that aging-associated transcriptional changes were highly tissue-specific, and the relationship between aging and cancer was more complex than expected¹⁸. The study reinforced the idea that aging is not characterized by a single universal transcriptional program but rather by heterogeneous and tissue-dependent molecular changes¹⁸. Together, these findings highlight the complex nature of age-associated transcriptomic remodeling while underscoring a gap in understanding how orphan GPCR expression may vary with age across human tissues.

Methods

The Genotype-Tissue Expression Project, or GTEx database, is a public resource for researchers who are studying cell and tissue gene expression and regulation across individuals¹⁹. The database compiles both open and private data from three National Institute of Health projects. Samples on GTEx were collected across about 54 non-diseased tissue sites, and about 1000 adult individuals across various demographics were represented in the data¹⁹. Donors were aged 20-70, with over 19,000 samples in the final version of data¹⁹. With nine versions of open access data, GTEx has bulk tissue expression Transcripts per Million (TPM) files, TPM by tissue, metadata, haplotypes, exon read counts, and much more available for download¹⁹.

This correlational study uses GTEx version 10 data. Three

files were used: Gene Expression Transcripts Per Million (TPM), the de-identified Sample Attributes file, and the de-identified Subject Phenotypes file. Since only public data was available, age was categorized in ranges of 10 years (ex. A 43 year-old subject is identified as 40-49). However, since the sample attribute and subject phenotype files were separate, a correlation could not be found between age and protein mRNA transcription unless the Sample IDs were linked to Subject IDs. In order to link subject phenotype to their respective TPMs, a joint file merging the Sample IDs and the Subject IDs was created, therefore matching subjects with their tissue samples. Python and a JupyterLab notebook were used to write a comprehensive Python script and to read the files given and generate $\log_2(\text{TPM} + 1)$ expression change per decade (used to calculate percent change per decade), r-squared values, p-values, mean/median TPM values, and FDR correction for 16 orphan GPCRs across 50 tissues. The code that was written and used can be found in Appendix A. The equation used to calculate percent change using $\log_2(\text{TPM} + 1)$ values is presented below as equation 1, where beta is the age coefficient from the regression model using $\log_2(\text{TPM} + 1)$ -transformed expression values.

$$\% \Delta_{\text{decade}} = (2^{(10\beta)} - 1) \times 100 \quad (1)$$

The equation used to calculate percent change in transcription per decade using the $\log_2(\text{TPM} + 1)$ -transformed expression values.

Slope values represent the relationship between age and GPCR mRNA transcription within each tissue analyzed. Transcript abundance values were $\log_2(\text{TPM} + 1)$ transformed prior to regression analysis, so slope estimates represent changes in log-transformed transcript expression rather than raw TPM values and are therefore reported as $\log_2(\text{TPM} + 1)$ expression change per decade. This allows for calculation of percent changes in expression by tissue, as all proteins have different baseline values. Percent change values can be found in the tables in the results section. The r-squared values represent the percent of variation in transcription that can be attributed to a change in age. The p-values represent the probability of getting the same results as those in the study, assuming age had no effect on mRNA transcription. A low p-value (under 0.05) implies validity and statistical significance, as the results are extremely unlikely to be due to chance.

In addition to estimated percent transcript expression change per decade, standardized regression coefficients (β) are reported to provide a scale-independent measure of effect size. Unlike unstandardized regression coefficients, standardized β values account for differences in the variability of both age and transcript expression, allowing the relative strength of age-associated expression changes to be compared across different orphan GPCRs and tissues.

To evaluate age-associated changes in orphan GPCR transcript expression, multivariate linear regression models were performed independently for each receptor-tissue pair. Age was modeled as a continuous variable using midpoint values assigned to GTEx age ranges (20-29 = 25 years, 30-39 = 35 year, etc.). To account for potential confounding effects, models included sex as a required covariate and incorporated one additional available donor-level covariate, Hardy death classification (DTHHRDY). Non-numeric covariates were encoded as categorical variables using dummy-variable transformation prior to analysis.

Because a large number of receptor-tissue comparisons were conducted, p-values associated with the age coefficient were adjusted for multiple hypothesis testing using the Benjamini-Hochberg false discovery rate (FDR) procedure. Associations with an FDR-adjusted q-value < 0.05 were considered statistically significant, while nominal associations not surviving FDR correction were interpreted as exploratory trends.

GTEx TPM values quantify mRNA transcript abundance rather than protein abundance. Therefore, the findings of this study should be interpreted as age-associated changes in orphan GPCR transcriptional expression and not direct measures of receptor protein levels. Future studies incorporating proteomic or receptor-level validation may further clarify whether transcriptomic changes correspond to altered GPCR protein abundance or function.

GPCRs were chosen to test based on prior functional research, as well as their potential relevance in aging-related physiology. Disease associations and tissue information were derived from peer-reviewed primary literature cited in the reference list. Table 1 outlines background information on each of the 16 orphan GPCRs tested, including reasons for their selection and their relevance in processes related to aging.

Results

Overall Analysis

A total of 800 receptor-tissue regression models were evaluated across 16 orphan GPCRs using GTEx transcriptomic data. Age-associated changes in transcript expression were assessed using multivariable linear regression controlling for sex and cause of death (Hardy scale). Effect sizes are reported as standardized regression coefficients (β) and transcript abundance is reported as estimated percent expression change per decade derived from $\log_2(\text{TPM} + 1)$ -transformed expression values. Statistical significance was determined using Benjamini-Hochberg false discovery rate (FDR) correction.

Table 1 Analysis of 16 orphan GPCRs studied, their known linked diseases, tissues with high expression, and selection rationale based on biological relevance to aging.

GPCR	Linked Diseases	Tissue Expression	Reason for Selection
GPR3	Alzheimer's disease biology, amyloid- β regulation, reproductive aging ²⁰	CNS/brain, ovary, adipocytes, liver ²⁰	GPR3 has strong links to neuronal signaling and has relevance to neurodegenerative disorders such as Alzheimer's disease (risk factors increase with age) ²⁰ .
GPR17	Oligodendrocyte maturation, remyelination, multiple sclerosis, white matter inflammation ²¹	Oligodendrocyte precursor cells, oligodendroglial cells, CNS white matter ²²	GPR17 is linked to CNS myelination/remyelination and neurodegenerative aging processes ²³ .
GPR21	Obesity, insulin resistance, type 2 diabetes-related metabolism and inflammation ²⁴	Metabolic tissues including liver/adipose in mouse studies ²⁴	GPR21 has been linked to glucose homeostasis and inflammatory metabolic phenotypes through deletion studies ²⁵ .
GPR22	Cardiac injury, myocardial infarction, heart failure susceptibility ²⁶	Heart/cardiomyocytes, coronary arteries, brain ²⁶	GPR22 loss of expression increases susceptibility to heart failure, which relates to cardiovascular decline with aging ²⁷ .
GPR27	Deletion alters acylcarnitine metabolism, glucose tolerance, insulin levels ²⁸	Pancreas, skeletal muscle, adipose tissue ²⁸	GPR27 has a reported role in metabolic tissues and insulin regulation, which is relevant to metabolic decline with age ²⁸ .
GPR39	Zinc sensing, epithelial repair, intestinal barrier function ²⁹	Broadly expressed, but mostly in endocrine and metabolic tissues (liver, pancreas, GI tract) ³⁰	GPR39 functions in zinc sensing and epithelial repair, which are relevant in tissue maintenance with age ²⁹ .
GPR50	Lipid metabolism, insulin resistance, cancer aggressiveness, TGF- β signaling, mental disorders ³¹	Brain, pituitary gland, hypothalamus, tanocytes ³²	GPR50 has relevance in energy homeostasis, psychiatry, and cancer, all of which are pertinent to aging ³³ .
GPR52	Neuropsychiatric disease associations, such as Huntington's disease ³⁴	Brain, most notably the striatum ³⁴	GPR52 has links to the CNS and neurodegenerative diseases, both of which are affected by aging ³⁵ .
GPR75	Obesity and metabolic homeostasis ³⁶	Brain, adipose tissue ³⁷	Mutations in GPR75 influence body-weight regulation, which changes with age ³⁶ .
GPR85	Schizophrenia vulnerability, brain size, neural plasticity, potential links to autism spectrum disorder ³⁸	Brain ³⁹	GPR85 has a role in neural development, including neural development as age increases ³⁸ .
GPR88	Neuropsychiatric disorders, behavioral regulation ⁴⁰	Brain striatum ⁴⁰	GPR88 is striatum-specific, and it can influence behavioral decline with age ⁴⁰ .
GPR135	Diabetes ⁴¹	Expressed in many tissues, but expression is modified with diabetes ⁴¹	GPR135 has been linked to participation in the cardiovascular complications associated with diabetes, which is relevant in aging as susceptibility to these complications increases with age ⁴¹ .
GPR142	Pathogenesis and development of diabetes or inflammatory diseases ⁴²	Pancreatic β -cells and immune cells ⁴²	GPR142 is involved in inflammatory and glucose metabolism pathways that significantly affect lifespan and metabolic aging ⁴³ .

GPCR	Linked Diseases	Tissue Expression	Reason for Selection
GPR161	Triple-negative breast cancer, Hedgehog/ciliary signaling ⁴⁴	Primary cilia and basal breast cancer cells ⁴⁵	Ciliary signaling and breast cancer relevance connect GPR161 to aging-associated disease mechanisms ⁴⁴ .
GPR182	Cancer immunity, chemokine scavenging, immunotherapy resistance ⁴⁶	Microvascular and lymphatic endothelial cells across organs, liver sinusoidal endothelium ⁴⁷	GPR182 is implicated in cancer resistance and the tumor microenvironment, which are relevant to aging and cancer biology ⁴⁶ .
GPRC5B	Obesity-associated inflammation, type 2 diabetes biology, β -cell/metabolic regulation ⁴⁸	Brain, adipose tissue, pancreatic β -cells ⁴⁸	GPRC5B is linked to diet-induced obesity and type 2 diabetes, which are relevant in healthy aging and inflammatory processes ⁴⁸ .

Age-Associated Transcript Expression Following FDR Correction

Following multiple-testing correction, seven receptor-tissue pairs remained statistically significant (FDR $q < 0.05$) (Table 2).

Exploratory Receptor-Tissue Associations

In addition to statistically significant findings, several receptor-tissue pairs demonstrated nominal age-associated trends that did not remain significant following FDR correction. These associations are presented as exploratory observations only and should not be interpreted as statistically confirmed findings. 84 tissues had a p-value less than 0.05, but to avoid subjective selection bias, exploratory findings were chosen objectively as the receptor-tissue pairs with the lowest nominal p-values among those not meeting the FDR significance threshold (Table 3).

Discussion

Overall, the results suggest that aging is not associated with a universal increase or decrease in orphan GPCR transcript expression. Instead, age-associated transcriptional changes appear to be highly tissue-dependent, with different receptors exhibiting distinct expression patterns across individual tissues.

After correction for multiple hypothesis testing, seven receptor-tissue pairs remained statistically significant. Of those seven, three were in the dorsolateral prefrontal cortex, two were in venous blood, and two were GPR22 receptor-tissue pairs. This indicates that the dorsolateral prefrontal cortex cells and venous blood cells may see the most change in orphan GPCR transcription with age, and those tissues may be the most impacted with age. Although the magnitude and direction of expression changes different among those receptors, the persistence of significance following FDR correction demonstrates that aging is associated with altered transcript expression for a subset of orphan GPCRs. Furthermore, no-

tably, several of the significant associations occurred within neural tissues, including the dorsolateral prefrontal cortex and hypothalamus, supporting previous evidence that GPCR signaling is particularly important in the aging nervous system¹³. Within the tissues that survived FDR correction, GPR85 in the venous blood cells saw the highest r-squared value, with 26.3% of the variation in GPR85 transcription being due to aging. GPR22 in the dorsolateral prefrontal cortex saw the largest percent change per decade in transcript expression, as it saw a decrease of 16.7% expression per decade.

Several exploratory associations also occurred in endocrine and metabolically active tissues, including the thyroid gland, adrenal gland, liver, stomach, adipose tissue, and gastrointestinal tract. Table 1 outlines previous investigations that have linked several orphan GPCRs in this study, including GPR21, GPR27, GPR75, GPR142, and GPR39 to glucose metabolism, obesity, insulin signaling, and inflammatory regulation. Although a lot of these associations did not survive FDR correction, their occurrence within metabolically relevant tissues supports the hypothesis that age-related transcriptional regulation of orphan GPCRs may contribute to broader metabolic changes observed during aging. From the exploratory findings, GPR3 in venous blood saw the lowest p-value and the highest r-squared value, with 9.7% of the variation in GPR3 transcript expression being attributed to aging. Furthermore, GPR88 in the C1 cervical spinal cord saw the largest percent change in transcript expression, with an increase of 15.34% per decade.

Similarly, exploratory associations identified in vascular and connective tissues, such as venous blood, ascending aorta, tibial artery, fibroblast cell lines, and adipose tissue, suggest that aging-related transcriptional changes may extend beyond the nervous system. Altered transcript expression of orphan GPCRs within these tissues may therefore reflect broader systemic adaptations rather than isolated tissue-specific effects.

An important finding of this study is the apparent absence of a consistent directional trend across receptors. Some orphan GPCRs demonstrated increased transcript expression with ad-

Table 2 Receptor-tissue pairs remaining significant after FDR correction.

GPCR	Tissue	Mean Transcript Abundance (TPM)	Estimated Percent Change per Decade	R^2 Value	Standardized β (unitless)	FDR q -value	Sample Size (N)
GPR22	Venous Blood	2.8541	+8.12%	0.17543	0.101657	0.00785	1901
GPR161	Thyroid Gland	6.4993	−10.27%	0.05062	−0.164958	0.01681	713
GPR27	Dorsolateral Prefrontal Cortex	24.0935	−13.23%	0.04525	−0.211484	0.01681	372
GPR3	Dorsolateral Prefrontal Cortex	3.4452	−11.4%	0.08415	−0.19115	0.04452	372
GPR85	Venous Blood	2.149	+4.52%	0.26348	0.078742	0.04452	1901
GPR22	Dorsolateral Prefrontal Cortex	4.1305	−16.72%	0.04161	−0.189145	0.04452	372
GPR88	Hypothalamus	1.0948	+13.85%	0.05709	0.208986	0.04452	302

vancing age, whereas others demonstrated decreased expression. Furthermore, the same receptor frequently exhibited different directions of association across tissues. This observation suggests that aging does not globally upregulate or suppress orphan GPCR transcription. Instead, transcriptional regulation appears to depend upon the local physiological environment and specific regulatory networks within tissues. These findings emphasize that orphan GPCRs are very tissue specific and transcriptional regulation with age is a complex process.

Several limitations should be considered when interpreting these findings. First, GTEx transcriptomic data quantify mRNA abundance rather than protein expression. Therefore, observed changes represent alterations in transcript expression and cannot be assumed to directly reflect receptor protein abundance or functional activity. Second, publicly accessible data on GTEx provides age in ranges of ten years¹⁹, which limits the validity of the results. This leaves room for error within decades, and the error is hidden in the data. Third, despite adjustment for sex and available donor-level covariates, additional biological and environmental factors that influence gene transcription may remain unaccounted for. Finally, although numerous nominal associations were identified, most did not remain significant after correction for multiple testing and should therefore be interpreted as exploratory observations requiring independent validation.

Despite these limitations, this study provides a systematic cross-tissue evaluation of orphan GPCR transcript changes with age in humans. By integrating transcriptomic data across multiple tissues and applying multivariable regression with

false discovery rate correction, this work establishes a quantitative framework for identifying orphan GPCRs whose transcription may be altered during aging. These findings also provide a prioritized set of receptor-tissue pairs that may serve as candidates for future mechanistic investigation using proteomic analyses and functional validation.

Conclusion

In conclusion, while only a limited number of receptor–tissue pairs remained significant following correction for multiple testing, the findings indicate that aging is associated with tissue-specific changes rather than global changes in orphan GPCR transcript expression. The predominance of associations within neural, endocrine, metabolic, and vascular tissues further suggests that orphan GPCRs may contribute to several physiological systems known to undergo age-related remodeling.

Although the present analysis is correlational and limited to transcript abundance, it provides a systematic framework for identifying orphan GPCRs that warrant further investigation. Future studies will be necessary to determine whether the transcriptional changes identified here translate into altered receptor abundance or biological activity. Collectively, these findings contribute to a growing understanding of orphan GPCR biology and identify potential targets for future research into the molecular mechanisms of human aging.

Table 3 Selected exploratory receptor-tissue associations not surviving FDR correction with the fifteen lowest p-values.

GPCR	Tissue	Mean Transcript Abundance (TPM)	Estimated Percent Change per Decade	R-squared value (rounded to five decimal places)	Standardized β (unitless)	FDR q-value (rounded to five decimal places)	p-value (rounded to five decimal places)	Sample size (N)
GPR3	Venous Blood	2.7668	+4.36%	0.09729	0.081232	0.07089	0.00061	1901
GPR52	Nucleus Accumbens	0.3495	-5.66%	0.04366	-0.19466	0.07089	0.00067	311
GPR85	Anterior Cingulate Cortex	4.7679	-12.46%	0.06926	-0.217852	0.07089	0.00073	243
GPR161	Fibroblast cell line	4.3826	-7.44%	0.07928	-0.149963	0.07089	0.00074	562
GPR75	Stomach	2.2121	-4.85%	0.03375	-0.172615	0.10502	0.00139	379
GPR88	C1 – Cervical Spinal Cord	1.5572	+15.34%	0.05110	0.223259	0.11257	0.00159	202
GPR22	Nucleus Accumbens	0.5282	-7.23%	0.03216	-0.179233	0.11395	0.00182	311
GPR161	Venous Blood	4.0305	-3.85%	0.02750	-0.076675	0.11395	0.00183	1901
GPR75	Esophagus Squamous Epithelium	2.038	-4.07%	0.04851	-0.132879	0.11545	0.00217	601
GPR27	Ascending Aorta	4.3361	-8.49%	0.02571	-0.162431	0.11545	0.00221	397
GPR182	Esophagus Squamous Epithelium	1.3155	-5.92%	0.02044	-0.134377	0.11545	0.00225	601
GPR22	Thyroid Gland	1.2043	+7.39%	0.01436	0.12209	0.12205	0.00253	713
GPR182	Ascending Aorta	1.7795	+9.24%	0.02657	0.158312	0.12940	0.00283	397
GPR22	Substantia Nigra	2.1095	-14.13%	0.05112	-0.227984	0.16242	0.00385	173
GPR39	Hypothalamus	0.3756	-6.12%	0.04499	-0.166592	0.16242	0.00398	302

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Appendix A

```
import pandas as pd
import numpy as np
import os
import statsmodels.api as sm
from statsmodels.stats.multitest import
    multipletests

# =====
# INPUT FILES
# =====
gct_file = "/Users/kyrannasaurus/Downloads/
    GTEx/GTExAnalysis_2022-06-06.v10_
    RNaseQCv2.4.2.gene_tpm_non.lcm.gct"
sample_attr_file = "/Users/kyrannasaurus/
    Downloads/GTEx/sample_SAMPID.SUBJID_
    attributes.xlsx"
subject_file = "/Users/kyrannasaurus/
    Downloads/GTEx/GTExAnalysis.v10_
    Annotations-SubjectPhenotypesDS.txt"

out_dir = "/Users/kyrannasaurus/Documents/
    orphan_gpcr.slopes.multivariate.FDR.with_
    TPM.context.standardized.beta"
os.makedirs(out_dir, exist_ok=True)

orphan_gpcrs = [
    "GPR3", "GPR27", "GPR50", "GPR52", "GPR85",
    "GPR88", "GPRC5B", "GPR75",
    "GPR142", "GPR148", "GPR182", "GPR39",
    "GPR21", "GPR135", "GPR22", "GPR63",
    "GPR171", "GPR150", "GPR161", "GPR17"
]

# =====
# LOAD METADATA
# =====
print("Loading metadata files...")
samples = pd.read_excel(sample_attr_file)
subjects = pd.read_csv(subject_file, sep="\t",
    low_memory=False)

samples.columns = samples.columns.str.strip()
subjects.columns = subjects.columns.str.strip()

age_map = {
    "20-29": 25,
    "30-39": 35,
    "40-49": 45,
    "50-59": 55,
    "60-69": 65,
    "70-79": 75,
    "80+": 85
}
```

```
}

subjects["AGE_YEARS"] = subjects["AGE"].
    astype(str).map(age_map)

# =====
# IDENTIFY AVAILABLE COVARIATES
# =====
candidate_covariates = ["SEX", "BMI", "
    DTHHRDY", "COD"]
available_covariates = [c for c in candidate
    _covariates if c in subjects.columns]

print("Available subject covariates:",
    available_covariates)

if "SEX" not in available_covariates:
    raise ValueError("SEX was not found in
    the subject phenotype file.")

covariates = ["SEX"]

for c in ["BMI", "DTHHRDY", "COD"]:
    if c in available_covariates:
        covariates.append(c)
        break

if len(covariates) < 2:
    raise ValueError("Need sex plus at
    least one additional covariate, but none
    was found.")

print("Using covariates:", covariates)

# =====
# MERGE SAMPLE + SUBJECT METADATA
# =====
meta_cols = ["SUBJID", "AGE_YEARS"] +
    available_covariates

samples = samples.merge(
    subjects[meta_cols],
    on="SUBJID",
    how="left",
    suffixes=("", "_subject")
)

for col in ["AGE_YEARS", "SEX", "BMI", "
    DTHHRDY", "COD"]:
    if col not in samples.columns and f"{
    col}_subject" in samples.columns:
        samples[col] = samples[f"{col}_
        subject"]

needed_cols = ["SAMPID", "SUBJID", "SMTSD",
    "AGE_YEARS"] + covariates
```

```

missing_cols = [c for c in needed_cols if c
                 not in samples.columns]

if missing_cols:
    print("Columns available in samples:")
    print(samples.columns.tolist())
    raise KeyError(f"Missing required
    columns after merge: {missing_cols}")

samples = samples.dropna(subset=["AGE_YEARS"
, "SMTSD"] + covariates)

print(f"Samples with usable metadata: {len(
samples)}")

# =====
# READ GCT HEADER
# =====
print("Reading GCT header...")
with open(gct_file) as f:
    next(f)
    nrows, ncols = map(int, f.readline().
strip().split())
    header = f.readline().strip().split("\t
")

sample_ids = header[2:]

print(f"Header read: {len(sample_ids)}
samples")

# =====
# MODEL FUNCTION
# =====
def run_multivariate_model(df, covariates):
    y = df["Expression"]

    X = df[["AGE_YEARS"] + covariates].copy
    ()

    X = pd.get_dummies(X, drop_first=True)
    X = X.apply(pd.to_numeric, errors="
coerce")

    model_df = pd.concat([y, X], axis=1).
dropna()

    if model_df.shape[0] < 10:
        return None

    y_clean = model_df["Expression"]
    X_clean = model_df.drop(columns=["
Expression"])

    if X_clean.shape[0] <= X_clean.shape[1]
+ 2:

```

```

        return None

    # Calculate standardized beta for age:
    # standardized beta = unstandardized
    beta * SD(age) / SD(expression)
    sd_age = X_clean["AGE_YEARS"].std()
    sd_expression = y_clean.std()

    X_clean = sm.add_constant(X_clean)

    model = sm.OLS(y_clean, X_clean).fit()

    age_beta = model.params.get("AGE_YEARS",
np.nan)

    if sd_age == 0 or sd_expression == 0 or
pd.isna(sd_age) or pd.isna(sd_expression
):
        standardized_beta_age = np.nan
    else:
        standardized_beta_age = age_beta * (
sd_age / sd_expression)

    return {
        "Age_Beta_log2_per_year": age_beta,
        "Standardized_Beta_Age":
standardized_beta_age,
        "Age_SE": model.bse.get("AGE_YEARS",
np.nan),
        "Age_p_value": model.pvalues.get("
AGE_YEARS", np.nan),
        "Model_R2": model.rsquared,
        "N": int(model.nobs),
        "Covariates": ",".join(covariates)
    }

# =====
# PROCESS GENES
# =====
all_results = []

for gene in orphan_gpcrs:
    print(f"\nProcessing {gene}...")

    gene_row = None

    with open(gct_file) as f:
        for _ in range(3):
            next(f)

        for line in f:
            parts = line.rstrip("\n").split
            ("\t")

            if parts[1] == gene:

```

```

        gene_row = [float(x) for x
in parts[2:]]
        break

if gene_row is None:
    print(f"{gene} not found. Skipping.
")
    continue

gene_tpm = pd.Series(gene_row, index=
sample_ids)

for tissue, group in samples.groupby("
SMTSD"):

    group_samples = [
        s for s in group["SAMPID"]
        if s in gene_tpm.index
    ]

    if len(group_samples) < 10:
        continue

    tmp = group[group["SAMPID"].isin(
group_samples)].copy()
    tmp = tmp.set_index("SAMPID").loc[
group_samples].copy()

    raw_tpm_values = gene_tpm[group_
samples].astype(float)

    mean_tpm = raw_tpm_values.mean()
    median_tpm = raw_tpm_values.median()

    tmp["Expression"] = np.log2(raw_tpm_
values + 1)

    result = run_multivariate_model(tmp,
covariates)

    if result is None:
        continue

    age_beta_per_year = result["Age.Beta_
log2_per_year"]
    age_beta_per_decade = age_beta_per_
year * 10

    estimated_percent_change_per_decade =
(
        (2 ** age_beta_per_decade) - 1
    ) * 100

    result.update({
        "Gene": gene,
        "Tissue": tissue,

```

```

        "Mean_TPM": round(mean_tpm, 4),
        "Median_TPM": round(median_tpm,
4),
        "Age.Beta.log2_per_decade": round
(age_beta_per_decade, 6),
        "Estimated.Percent.Change.Per_
Decade": round(
            estimated_percent_change_per_
decade, 2
        ),
        "Standardized.Beta.Age": round(
result["Standardized.Beta.Age"], 6)
    })

    all_results.append(result)

# =====
# FDR CORRECTION
# =====
results_df = pd.DataFrame(all_results)

if results_df.empty:
    print("No valid models were run.")
else:
    results_df = results_df.dropna(subset=["
Age.p.value"])

    rejected, qvals, _, _ = multipletests(
        results_df["Age.p.value"],
        alpha=0.05,
        method="fdr_bh"
    )

    results_df["FDR.q.value"] = qvals
    results_df["FDR.significant.0.05"] =
rejected

    results_df = results_df.sort_values(["FDR
.q.value", "Age.p.value"])

    combined_file = os.path.join(
        out_dir,
        "all_orphan.GPCR_age_multivariate.FDR_
results.with.TPM.context.standardized.beta
.csv"
    )

    results_df.to_csv(combined_file, index=
False)

    print(f"\nCombined FDR-corrected
results saved to: {combined_file}")

    for gene, df_gene in results_df.groupby(
"Gene"):
        out_file = os.path.join(

```

```

        out_dir,
        f"{gene}_multivariate_age_FDR_
results.with.TPM.context.standardized.beta
.csv"
    )
    df_gene.to_csv(out_file, index=False)

sig_df = results_df[results_df["FDR_
significant_0.05"]]

print("\nSignificant after FDR q < 0.
05:")
print(sig_df[[
    "Gene",
    "Tissue",
    "Mean.TPM",
    "Median.TPM",
    "Age.Beta.log2.per.year",
    "Age.Beta.log2.per.decade",
    "Estimated.Percent.Change.Per.Decade"
,
    "Standardized.Beta.Age",
    "Age.SE",
    "Age.p.value",
    "FDR.q.value",
    "N",
    "Covariates"
]])

```

Supplementary Information

The online version contains supplementary material available at <https://nhsjs.com/?p=50827>